



# SABER SUMMER Spectacular



Summer Programs for Middle and Upper School Students

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## Our Mission

The New Community School empowers bright, talented students who are challenged by dyslexia and related learning differences. The innovative and research-based college preparatory curriculum uses a customized educational approach to build skills in language and math and to foster academic and personal strengths – igniting the passions and gifts of unique minds.

empowering bright minds who think & learn differently

4211 Hermitage Road, Richmond, VA 23227 | 804.266.2494 | [tncs.org](http://tncs.org)

   / TNCSI974



# SABER SUMMER Spectacular



Summer at TNCS is spectacular! From working on skills to uncovering and nurturing passions, there are many opportunities for your student this summer.

Please take a few minutes to explore the diverse offerings for our Saber Summer Spectacular. Standout features include skill development courses in reading, writing, and math, our LiftSabers program for our new 5th and 6th grade students, as well as offerings in health and wellness and personalized tutoring.

Spaces in many classes are limited, so sign up soon. I look forward to seeing you on campus this summer.

Nancy Foy  
Head of School







# middle school

• courses for rising 5th-8th grade students

- Baking
- Basketball Skills: Back to the Basics
- Cracking the Alphabetic Code
- Foundations of Reading and Spelling
- Healthy Body, Healthy Mind
- IMPACT Math
- Keyboarding
- LiftSabers: Learning Institute for Transforming Sabers
- Makerspace Technologies
- Middle School Boys and Girls Soccer
- Nutrition Basics
- Robotics
- Strength and Conditioning
- Study Strategies

# course descriptions

## BAKING

Dive into summer with a baking class just for middle schoolers—a hands-on experience blending essential techniques with exciting recipes. Led by an experienced baker, the class emphasizes safety, hygiene, and creativity through interactive activities and dessert decorating. Students will make various delectables, including cakes, cupcakes, and fondants.

Session 1 • June 17-28 • 8-9:15am • \$325

## BASKETBALL SKILLS: BACK TO THE BASICS

Are you looking to enhance your understanding and abilities in the sport of basketball? If so, then this summer basketball program is tailored just for you! Throughout the duration of this course, participants will engage in various drills designed to enhance their passing, dribbling, shooting form, footwork, and defensive techniques. In addition, participants will have the chance to apply these newfound skills during live game situations. You do not want to miss out on this amazing opportunity to grow your basketball skill set!

Session 1 • June 17-28 • 12-12:50pm • \$200

Session 2 • July 8-19 • 12-12:50pm • \$225

## CRACKING THE ALPHABETIC CODE

The students will improve their letter-sound correspondence through games and hands-on activities. Students will also practice decoding and spelling words using multi-sensory methods.

Session 2 • July 8-19 • 10-10:50am • \$225

## FOUNDATIONS OF READING AND SPELLING

This summer class is designed to enhance reading and spelling accuracy in a fun and engaging way. Through interactive activities and multisensory lessons, students will strengthen their language skills, building a foundation for improved literacy. Unleash your potential and boost your reading and spelling proficiency this summer.

Session 1 • June 17-28 • 10-10:50am OR 11-11:50 • \$200

## HEALTHY BODY, HEALTHY MIND

Middle school students will learn basic skills on how to prioritize their health through a number of topics and activities appropriate for the upcoming or early teenage years. We will learn about topics that help prepare them for the world as their bodies start to change mentally and physically. Topics include how to manage stress, proper nutrition, self-care, and sleep patterns, as well as other skills needed to maintain behaviors for a healthy lifestyle.

Session 1 • June 17-28 • 9-9:50am • \$200

## IMPACT MATH

For students entering 5th through 9th grades (9th grade only for TNCS students getting ready for Algebra 1). Learn to do math using an individualized student-centered program that allows you the chance to develop math confidence while progressing at your own pace. This is called IMPACT Math. Its underlying philosophy is to help students develop success skills, including Independence, Mindfulness, Problem-solving, Adaptability, Communication, as well as Tenacity (IMPACT). The IMPACT Math program begins with fraction operations and culminates with algebraic concepts such as slope and multi-step equations. You CAN conquer your fear of math.

Session 1 • June 17-28 • 11-11:50am OR 12-12:50pm • \$200

## KEYBOARDING

Embark on a journey into the world of touch typing, turning keystrokes into a symphony of efficiency. Explore an innovative, multisensory method that adds flair to your learning experience. Elevate your keyboarding skills and make it an integral part of your daily routine.

Session 1 • June 17-28 • 11-11:50pm • \$200

Session 2 • July 8-19 • 11-11:50pm • \$225

FOR  
NEW TNCS  
5th & 6th  
GRADERS

### LIFTSABERS: LEARNING INSTITUTE FOR TRANSFORMING SABERS

This orientation class is for new fifth and sixth graders. Students will brush up on math and language skills. Students will also participate in programming, including what it means to be a member of the TNCS community. As a group, students will participate in wellness classes and various electives-based activities where they can develop skills and enjoy creating and collaborating. By participating in this institute, new students will not only learn more about themselves but will also learn about their new school and each other. By the end of the institute, students will be ready and confident to start school in August.

Session 2 • July 8-19 • 8am-12pm • \$725

### MAKERSPACE TECHNOLOGIES

Students will be able to explore the TNCS Makerspace and its technologies, including 3D printing, laser cutting, Virtual Reality, and more. Students can work independently or as groups, and all students can work at their own pace.

Session 1 • June 17-28 • 8-8:50am • \$225

### MIDDLE SCHOOL BOYS AND GIRLS SOCCER

Whether you've played for years or you're just starting out, Summer Saber Soccer is for you! Enhance your ball handling skills, communication, speed, and endurance during a 2-week soccer spectacular! We will play scrimmages, skill-building games, and practice new drills to sharpen your skills as a player and a teammate. Can't wait to see you on the field!

Session 2 • July 8-19 • 9-10:15am • \$350

### NUTRITION BASICS

This is an opportunity for middle school students to learn about nutrition! As a middle school student, your bodies are starting to change, and fueling them with proper nutrition is key! This is an opportunity for students to learn the foundation of eating well by learning the basic information on how to select better food options. Topics include how to read food labels, what it means to eat "real food," how to incorporate fruits and vegetables into their daily meals, why we should limit added sugars, and other tools to help students learn how to enjoy a balanced, healthy diet.

Session 1 • June 17-28 • 11-11:50am • \$200

### ROBOTICS

Develop your skills in engineering, innovation, communication, and collaboration. You will work collaboratively to build, program, and operate a robot. You will use your robots to compete in a series of challenges that foster accountability, responsibility, initiative, sportsmanship, curiosity, and communication.

Session 1 • June 17-28 • 10-10:50am • \$200

Session 2 • July 8-19 • 10-10:50am • \$225

### STRENGTH AND CONDITIONING

Elevate your summer fitness with our workout class! Join us for a perfect mix of strength training, stretching, and cardio exercises designed to boost your overall fitness. Whether you're a seasoned fitness enthusiast or a beginner, get ready to break a sweat and embrace a healthier summer. For students entering grades 7-12.

Session 1 • June 17-28 • 9-9:50am • \$200

Session 2 • July 8-19 • 12-12:50pm • \$225

## STUDY STRATEGIES

Do you know how to study? You will learn a wide array of study strategies that we teach our students at The New Community School. Strategies that will help you move from basic memorization toward more abstraction, comparisons, and synthesis of information. The goal of the course is for you to identify specific strategies that will be helpful to you in the upcoming academic year and beyond.

Session 1 • June 17-28 • 9-9:50am • \$200

Session 2 • July 8-19 • 9-9:50am • \$225

## middle school schedule

All courses Monday - Friday

### SESSION 1: June 17-28

	8:00 - 8:50	9:00 - 9:50	10:00 - 10:50	11:00 - 11:50	12:00 - 12:50
Baking 8-9:15					
Basketball Skills: Back to the Basics 12-12:50					
Foundations of Reading and Spelling 10-10:50 or 11-11:50					
Healthy Body, Healthy Mind 9-9:50					
IMPACT Math 11-11:50 or 12-12:50					
Keyboarding 11-11:50					
Makerspace Technologies 8-8:50					
Nutrition Basics 11-11:50					
Robotics 10-10:50					
Strength and Conditioning 9-9:50					
Study Strategies 9-9:50					

School will  
be closed on  
June 19 in  
observance of  
Juneteenth

### SESSION 2: July 8-19

Basketball Skills: Back to the Basics 12-12:50					
Cracking the Alphabetic Code 10-10:50					
Keyboarding 11-11:50					
LiftSabers: Learning Institute for Transforming Sabers 8-12					
Middle School Boys and Girls Soccer 9-10:15					
Robotics 10-10:50					
Strength and Conditioning 12-12:50					
Study Strategies 9-9:50					





# upper school

• courses for rising 9th-12th grade students

- Basketball Skills: Back to the Basics
- College Essay Writing and Common App
- Driver Education
- Executive Function Strategies
- Healthy Body, Healthy Mind
- IMPACT Math
- Makerspace Technologies
- Service Learning
- Stewardship and Sustainable Practices
- Strength and Conditioning
- Summer Science Spectacular



# course descriptions

## BASKETBALL SKILLS: BACK TO THE BASICS

Are you looking to enhance your understanding and abilities in the sport of basketball? If so, then this summer basketball program is tailored just for you! Throughout the duration of this course, participants will engage in various drills designed to enhance their passing, dribbling, shooting form, footwork, and defensive techniques. In addition, participants will have the chance to apply these newfound skills during live game situations. You do not want to miss out on this amazing opportunity to grow your basketball skill set!

Session 1 • June 17-28 • 1-1:50pm • \$200

Session 2 • July 8-19 • 1-1:50pm • \$225

## COLLEGE ESSAY WRITING AND COMMON APP

This is an opportunity to give those students who would like more time to get started on their college applications and essays.

Session 1 • June 17-28 • 9-9:50am • \$200

## DRIVER EDUCATION

Want to learn how to drive? Take this course from RVA Driving Academy, who will come to our campus to deliver state-approved classroom instruction in a safe, considerate, and passionate environment. They will teach you how to be a successful driver who makes good decisions. Topics include components about alcohol safety, drug abuse awareness, aggressive driving, distracted driving, pedestrian and bicycle safety, handicapped parking, fuel-efficient driving practices, motorcycle awareness, and organ and tissue donation awareness. This class requires 30 hours of instruction. We will also have a TNCS instructor in the class to help with accommodations. The recommended age for students is 15+ at the time of the course. Minimum of 10 students. The owner, Julie Barlow, will meet with parents via Zoom before class starts to answer questions.

Session 2 • July 8-19 • 8-11am • \$550

## EXECUTIVE FUNCTION STRATEGIES

Do you have trouble keeping everything together? Learn skills for organization, time management, and production. All these skills will make your learning process smoother. You will set goals with manual stops. With these skills, you will no longer avoid projects, assignments, or other tasks. You will get things done and done right!

Session 1 • June 17-28 • 11-11:50am • \$200

Session 2 • July 8-19 • 12-12:50pm • \$225

## HEALTHY BODY, HEALTHY MIND

Upper school students will learn basic skills on how to prioritize their health through a number of topics and activities appropriate for the older teenage years. We will learn about topics that help prepare students for the world as they get closer to their graduation dates. Topics include how to manage stress, proper nutrition, self-care, and sleep patterns, as well as other skills needed to maintain behaviors for a healthy lifestyle.

Session 1 • June 17-28 • 10-10:50am • \$200

## IMPACT MATH

For students entering 5th through 9th grades (9th grade only for TNCS students getting ready for Algebra 1). Learn to do math using an individualized student-centered program that allows you the chance to develop math confidence while progressing at your own pace. This is called IMPACT Math. Its underlying philosophy is to help students develop success skills, including Independence, Mindfulness, Problem-solving, Adaptability, Communication, as well as Tenacity (IMPACT). The IMPACT Math program begins with fraction operations and culminates with algebraic concepts such as slope and multi-step equations. You CAN conquer your fear of math.

Session 1 • June 17-28 • 11-11:50am OR 12-12:50pm • \$200

## MAKERSPACE TECHNOLOGIES

Students will be able to explore the TNCS Makerspace and its technologies, including 3D printing, laser cutting, Virtual Reality, and more. Students can work independently or as groups, and all students can work at their own pace.

Session 1 • June 17-28 • 8-8:50am • \$225

## SERVICE LEARNING

Service Learning encapsulates everything TNCS stands for: utilizing our skills, strengths, and curiosity to affect positive change within our community. Over a 2-week session, students will develop a broader understanding of the challenges affecting Richmond citizens over time and will address a specific area of need within the Richmond community. We will discuss local organizations serving Richmond's community and design individualized service learning projects with opportunities for reflection, collaboration, and skill development.

Session 2 • July 8-19 • 11-11:50am • \$225

## STEWARDSHIP AND SUSTAINABLE PRACTICES

What do the terms stewardship and sustainability mean? What is coordinated conservation? How might we shift to a more durable and responsible way of life? What impact does the human footprint have on the health and wellness of our species, our living systems, and, ultimately, our existence? In this timely, two-week, experiential learning course, students are given opportunities to consider and address these questions head-on. Writing assignments will take the shape of brief journal reflections that address the ideas and information covered in class. This is not a reading-intensive course, but the essays of two conservation writers will be given particular emphasis: Scott Russell Sanders and Wendell Berry. For students, the primary objective of the course is to translate and integrate the principles of conservation, stewardship, and sustainability into a practical, actionable philosophy that informs personal growth and development. Topics covered in the course are: the human footprint, reducing consumption and waste, reframing our relationship with nature, upcycling public & private practices, energy & food systems, and creating an effective stewardship practice. In addition to reading, writing, and discussion activities, this course will include several field trips and guest speakers.

Session 2 • July 8-19 • 9-9:50am • \$225

## STRENGTH AND CONDITIONING

Elevate your summer fitness with our workout class! Join us for a perfect mix of strength training, stretching, and cardio exercises designed to boost your overall fitness. Whether you're a seasoned fitness enthusiast or a beginner, get ready to break a sweat and embrace a healthier summer. For students entering grades 7-12.

Session 1 • June 17-28 • 9-9:50am • \$200

Session 2 • July 8-19 • 12-12:50pm • \$225

## SUMMER SCIENCE SPECTACULAR

Introduce students to different science topics through fun daily activities and labs.

Session 1 • June 17-28 • 9-9:50am • \$250

# upper school schedule

All courses Monday - Friday

## SESSION 1: June 17-28

	8:00 - 8:50	9:00 - 9:50	10:00 - 10:50	11:00 - 11:50	12:00 - 12:50	1:00 - 1:50
Basketball Skills: Back to the Basics 1-1:50						
College Essay Writing and Common App 9-9:50						
Executive Function Strategies 11-11:50						
Healthy Body, Healthy Mind 10-10:50						
IMPACT Math 11-11:50 or 12-12:50						
Makerspace Technologies 8-8:50						
Strength and Conditioning 9-9:50						
Summer Science Spectacular 9-9:50						

School will be closed on June 19 in observance of Juneteenth

## SESSION 2: July 8-19

Basketball Skills: Back to the Basics 1-1:50						
Driver Education 8-11						
Executive Function Strategies 12-12:50						
Service Learning 11-11:50						
Stewardship and Sustainable Practices 9-9:50						
Strength and Conditioning 12-12:50						





# more info



## REGISTRATION

To participate in the **SABER SUMMER spectacular**, please complete the registration form and submit the required \$100 non-refundable deposit. You may fill out the form on the last page and mail it to the address below, or complete the form and make the deposit online. A confirmation email will be sent upon receipt of registration. Remaining balances must be paid by May 24, 2024. Monthly payment options are available. In order for students to attend class, they must be paid in full with all required forms completed.

Checks should be made payable to The New Community School and mailed to: The New Community School, Saber Summer Spectacular, 4211 Hermitage Road, Richmond, VA 23227.

Online registration: [tncs.org/academics/summer](https://tncs.org/academics/summer) or scan the QR code.

## BEHAVIOR POLICY

We expect all students to abide by The New Community School values while on our campus. Students will act with respect for themselves, their peers, their leaders, and their surroundings. Should there be concerns about student behavior, parents will be informed and the student may be asked to leave. No refunds will be given for individuals who are asked to leave a program because of behavior.

## CANCELLATION OF CLASSES

There are minimum and maximum class sizes for all courses. The New Community School reserves the right to cancel any course as necessary. In such cases, a full refund will be made. Tuition is refundable after May 24, 2024 only if The New Community School cancels a course or program. In the event of extreme weather conditions or unforeseen circumstances, we reserve the right to cancel or postpone any part of a class for the safety of the students and cannot provide a refund for any cancellation or postponement that is weather-related.

## FINANCIAL AID

Limited financial aid is available. For more information, please contact Joy Buzzard, Director of Finance and Operations, at 804.266.2494 x2211 or [jbuzzard@tncs.org](mailto:jbuzzard@tncs.org).

## INSURANCE INFORMATION

Parents must agree to provide health and accident insurance for the student and to indemnify the school and its personnel against any liability for student accident or health problems.

## MEDICATION

In order for your child to receive prescription medicine during the summer program, the parent and physician must complete the Parent and Physician form for the Administration of Medication. The New Community School will email the form to you after registration.

## PHOTOGRAPHY AND VIDEOGRAPHY

Unless we receive a written letter to the contrary, The New Community School exercises the right to use any photographs and/or video taken of individuals participating in the **SABER SUMMER spectacular** in its promotional publications and online.



questions?

Contact Summer Programs Coordinators Doug Kasselberg and Brianne Lendrim  
[summerinfo@tncs.org](mailto:summerinfo@tncs.org) • 804.266.2494

# summer tutoring

- for middle & upper, post-graduate, & college students

Whether preparing for the next grade in school or for the transition to college, summer tutoring is an opportunity for students to improve and strengthen academic skills through instruction tailored to meet individual needs and delivered on a schedule that is flexible and convenient. Skilled TNCS tutors design a customized instructional plan and use a diagnostic-prescriptive approach to support students in achieving their goals. Students improve skills, acquire learning strategies, broaden their knowledge base and gain confidence in their abilities. Our programs are designed to build the skills that empower students to take charge of their learning and foster academic success.

## TUTORING AREAS OFFERED

- 1:1 College Counseling
- College Essay
- College Preparation and Readiness
- Customized Learning
- Executive Function and Study Skills
- Language Fundamentals
- Math Skills
- Reading Skills
- Test Preparation
- Writing Skills

Distance and remote tutoring can be arranged.

- \$65 per hour

## learn more

For more information or to discuss how tutoring might meet your needs, please contact:

**Robin Forsyth**

Tutoring Coordinator

804.266.2494 x2225

[rforsyth@tncs.org](mailto:rforsyth@tncs.org)



# registration form

• or register online at: [tncs.org/academics/summer](https://tncs.org/academics/summer)



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## STUDENT INFORMATION

Last	First	MI	Name Preferred
<input type="checkbox"/> M	<input type="checkbox"/> F	<input type="checkbox"/> Non-Binary	Birthdate: ____/____/____
Street Address		City/State/Zip	
Home Phone		Current Grade and School	

## PARENT / GUARDIAN INFORMATION

<b>1</b>		
Name	Relationship to Student	Home Phone
Street Address <input type="checkbox"/> Same as Student	City/State/Zip	Cell Phone
Email	Work Phone	
<b>2</b>		
Name	Relationship to Student	Home Phone
Street Address <input type="checkbox"/> Same as Student	City/State/Zip	Cell Phone
Email	Work Phone	

## EMERGENCY CONTACT INFORMATION

Please list additional contacts to call in case of emergency if parent / guardian cannot be reached, and who are allowed to pick student up from school.

<b>1</b>		
Name	Relationship to Student	Home Phone
Email	Cell Phone	
<b>2</b>		
Name	Relationship to Student	Home Phone
Email	Cell Phone	

more...

## SABER SUMMER SPECTACULAR INFORMATION

CLASS	SESSION	TIME CHOICE <i>if applicable</i>	COST
_____	_____	_____	\$ _____
_____	_____	_____	\$ _____
_____	_____	_____	\$ _____
_____	_____	_____	\$ _____
_____	_____	_____	\$ _____
_____	_____	_____	\$ _____
<b>TOTAL</b>			\$ _____

## PARENT / GUARDIAN AUTHORIZATION

To the best of my knowledge, the information I have supplied on this registration form is true and accurate. In the event that my child needs medical attention, I authorize and give my consent to The New Community School to provide such service and/or transport my child to a hospital or treatment facility. I hereby certify my child is in good health and may participate in all activities. I hereby give my permission for my child's picture to appear in future publications (see page 10 for more details). I give permission for my child to ride in school-approved transportation to and from class activities (where applicable). I agree to be responsible for all the charges and fees for my child enrolled in this summer program.

\_\_\_\_\_  
Parent / Guardian Signature

\_\_\_\_\_  
Date

\*Entering your name in the parent/guardian signature field(s) on this form and submitting the completed form to the school will verify that you are signing this record as the parent or legal guardian of the child listed above. You may also choose to print the form, sign it, and return the original copy to the school, or complete the registration online at [tncs.org/academics/summer](https://tncs.org/academics/summer).

